



Connect by Music

CONNECTBYMUSIC.COM

FRONTLINE MENTAL SUPPORT



YOU CAN HELP TRANSFORM LIVES THROUGH MUSIC



PLEASE HELP US TO MENTALLY SUPPORT CHILDREN IN NEED

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CONNECTBYMUSIC.COM



Erik Scherder
Professor Neuropsychology
about Connect by Music

CBM Music Box

What

By offering a specific music program, tailored to the situation, Connect By Music provides front line psychosocial support to refugees who suffer from depression or traumatic experiences.

Music is the only world language, unites us, opens the heart and heals the soul.

Why

Refugees from conflict areas often suffer from the effects of traumatic experiences. Staying at a refugee center increases the risk of depression. Self-harm and suicide attempts are regular occurrences. In this environment mental support is essential to improve and strengthen individual development. Good mental health and having a sense of bonding is also essential for further integration in a new environment.

How

Mental support is provided through a specific music program. Research into how music can affect the brain has proven that music can have a positive impact on the regenerating capacity of neural networks. In order to safeguard the quality and sustainability of our program and the well being of our 'students', we work with a fixed team of professional music teachers and therapists. Volunteer music teachers and therapists are welcome to assist our team.

